

# **CONFERENCE** OFFER





# Ender Freddy

**Erika Fočárová** Hotel general manager FIS\*\*\* Štrbské Pleso

# Dear client,

We are very happy to see you interested in the FIS\*\*\* hotel and will be glad to help you plan and organise your event with tailored advice and our year-long experience

Embraced by beautiful Tatra nature and with a perfect location, our legendary FIS\*\*\* hotel offers unique environment for every occasion to emphasise your event.

FIS hotel \*\*\* Štrbské Pleso

Hotel FIS\*\*\* | www.tmrhotels.com/sk/mitingy-a-podujatia K Vodopádom 4028/6 | 059 85 Štrbské Pleso | Slovakia +421 911 119 501 | event@tmr.sk DETAILS OF HOTEL ROOMS AND SUITES

HOTEL AMENITIES CONFERENCE ROOMS CONFERENCE ROOM PRICES

TECHNICAL EQUIPMENT HOTEL INFORMATION COFFEE BREAKS

BUFFET MENUS SERVED MENUS WELLNESS CENTRE PRICES

SUGGESTED ACTIVITIES

# HOTEL DESCRIPTION:

The FIS\*\*\* hotel, the biggest hotel-sports complex in the High Tatras, is situated at the altitude of 1,346 metres near the tarn of Štrbské pleso. The unique location makes it a true oasis for athletes looking for top-class training conditions as well as people longing for flawless relaxation and moments of peace in the heart of the Slovak high mountains.

# CATEGORY: 3\*

# **HISTORY:**

The FIS Nordic World Ski Championships in 1970 were the highlight of sports events held in the area of Štrbské Pleso. On this occasion, the so called Areál snov ("Area of Dreams") and the FIS\*\*\* hotel were built based on a project of Professor Eugen Kramár and Ján Šprlák, leading personality of the Slovak architecture.

# LOCATION:

The FIS\*\*\* hotel is built in Štrbské Pleso at the foot of majestic peaks – Solisko and Patria, close to the beginning of Mlynická dolina (valley). It is located a little more than one kilometre away from the railway and bus station of Štrbské Pleso. But if you cover the distance, you will be rewarded with the immediate vicinity of a ski resort (50 m from a piste only) and the venues of all sports events that are organised here.

It takes 20 minutes to drive to the FIS\*\*\* hotel from Poprad airport, 2 hours from Krakow airport and 4 hours from the airport in the capital city, Bratislava. ALTITUDE: 1,346 m above sea level

NUMBER OF ROOMS: 63 in the hotel + 15 in Bungalows 3 Single rooms, 20 Economy Twin rooms, 27 Standard Double rooms, 10 Family rooms, 1 LUX Family room, 2 two-bedroom family room, 15 rooms in the FIS Economy Bungalows (157 beds + 85 extra beds)

NUMBER OF CONFERENCE ROOMS: 2 NUMBER OF RESTAURANTS: 2

HOTEL CAR PARK CAPACITY: 40 spaces

CHECK-IN: from 2:00 pm

CHECK-OUT: until 10:00 am

**CHECK-OUT:** until 12:00 noon, 8.33€ surcharge excl. VAT / 10.00€ incl. VAT/room



BREAKS & MENU

# SINGLE rooms

Relax in Štrbské Pleso in a refurbished single room. Although smaller as for the size, single rooms are ideal for active relaxation and offer balcony views and bathrooms with showers.

Number of rooms: 3



# **ECONOMY TWIN rooms**

Renewed Economy Twin rooms are tailored for hiking. Smaller cosy rooms with 2 twin beds are ideal for active relaxation. Most rooms offer balcony views. Each room has a bathroom with a shower.

Number of rooms: 20

# STANDARD DOUBLE rooms

The renewed double rooms with double beds have a possibility of one extra bed and offer balcony views. **Number of rooms: 27** 





BREAKS & MENU

# **FAMILY ROOMS**

Spacious family rooms are ideal for smaller groups or couples who wish to enjoy more space. Each refurbished family room offers a genuine mountain atmosphere, a double bed, a comfortable sofa, a fridge and a jug kettle. Some of the rooms guarantee balcony views.

Number of rooms: 10

# LUX FAMILY ROOM

The modern renewed room offers more comfort with a comfortable couch, wooden furniture, a balcony, a fridge and a jug kettle.

Number of rooms: 1

# 2-BEDROOM FAMILY ROOMS

2-bedroom family rooms are ideal for families or groups who want to enjoy maximum privacy while staying in the Tatras. Each spacious room features 2 rooms with double beds and storage space, a fridge and a jug kettle. Beautiful mountain views and accommodation in the centre of the year-round resort of Štrbské Pleso guarantee absolute satisfaction.

Number of rooms: 2

# **FIS ECONOMY bungalows**

Detached bungalows are located about 70 metres away from the FIS\*\*\* hotel. They are double or triple cottages of bricks that offer tourist standard accommodation for less-demanding clients. All bungalows have extra bed possibilities. Each of them features a bedroom with a double bed, a living room with a couch and a satellite TV, a bathroom with a shower and a toilet, a jug kettle and storage space. FIS\*\*\* bungalows are considered a separate tourist-standard accommodation section.

Number of rooms: 15









# RESTAURANT

The sunlit hotel restaurant with a terrace is ideal for enjoying a cup of refreshing morning coffee. Home-made delicacies and beautiful views recharge everyone's batteries and energise them for their adventures in the mountains. During the day, the restaurant offers buffet-style lunch and dinner, and is happy to serve special meals adapted to individual training programmes of sports clubs as well. **Opening times:** can be adapted to clients' needs **Restaurant capacity:** 62 people

# **RESTAURANT TERRACE**

The restaurant features a terrace with a sliding glass wall for 42 people and offers breathtaking views of nature and ski pistes below ski jumps.

**Opening times:** the same as the restaurant, the terrace is linked with the restaurant, or as arranged individually **Terrace capacity:** 42 people

LOBBY BAR - CAFÉ

Spend cosy moments with your friends in the hotel lobby bar and café that offer views of a beautiful emerald green forest and one of the symbols of Štrbské Pleso – ski jumps. Enjoy delicious coffee, a cake or aperitif after an exciting day spent in clean Tatra nature. Opening times: 10:30 am – 9:30 pm Capacity: 90 people







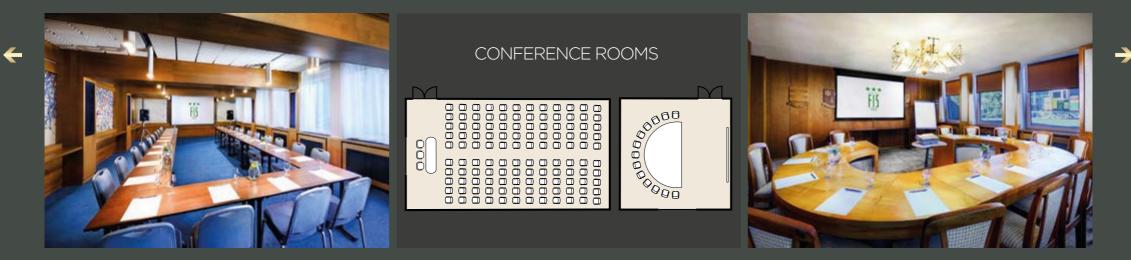
HOTEL INFORMATION	HOTEL ROOMS	HOTEL AMENITIES	BREAKS & MENU
GASTRONOMY	CONFERENCE ROOMS	WELLNESS-SPA CENTRE	FITNESS CENTRE

# **CONFERENCE ROOMS**

Organise your corporate event at the foot of the majestic peaks of the Tatras, in a legendary ski-in/ski-out hotel with a unique location in a sports complex. The genuine mountain atmosphere, a wide choice of activities in the area, a gym, a natural wellness centre and a professional fitness centre guarantee ideal conditions for any kind of indoor and outdoor sports events, corporate games or meetings full of activities. The interior of both lounges is fully renewed.

**The blue lounge** – with a pleasant blue colour design is located near the bar where your guests can refresh themselves anytime they wish. The capacity of 80 people makes it ideal for training and corporate events or family celebrations.

**The maple lounge** – is named after the colour of maple wood which is prevailing in the lounge and guarantees a very comfortable atmosphere. The capacity of 15 people makes it ideal for smaller training courses and family meetings.



	Size (m)	Area (m²)	Theatre seating	Classroom seating	U-seating
Blue lounge	6 x 11 x 2.13	66	80	42	44
Maple lounge	6 x 6 x 2.87	36	-	-	15

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# **CONFERENCE ROOM PRICES**

Room	h Capacity Half-day rental (max. 4 hrs)		-	1-day rental	
		excl. VAT	incl. VAT	excl. VAT	incl. VAT
Blue lounge	80	125.00€	150.00€	233.33€	300.00€
Maple lounge	15	75.00€	90.00€	133.33€	180.00€

The conference room rental price includes a data projector, a projection screen, 1 flipchart, markers and extension cables

# **TECHNICAL EQUIPMENT RENTAL PRICES**

Equipment	Rental		
	excl. VAT	incl. VAT	
Flipchart	from 12.50€	from 15.00€	
Projection screen	from 20.83€	from 25.00€	
Whiteboard	from 12.50€	from 15.00€	
Projector	from 58.33€	from 70.00€	
Sound system	from 41.67€	from 50.00€	
Microphone	from 25.00€	from 30.00€	
Wifi (wireless internet)	included in the price		
PC printing – A4 page/ copying	0.13€	0.15€	

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# NATURAL WELLNESS & SPA

Countless Tatra treasures – untouched nature, melted ice and crystal clear air are ideal for regeneration and boosting vitality. It is the high altitude, legendary architecture and flawless nature that makes the wellness centre of the FIS hotel so special. Spoil yourself in our Natural Wellness & Spa and enjoy unique treatments based on the seasons of the year.

The wellness centre offers various relaxation amenities: a **Finnish sauna** with a eucalyptus aroma, a **steam sauna** with a herbal aroma, an **infra-red sauna**, a whirlpool, a tepidarium and massage rooms.

**Opening times:** Friday and Saturday: 2:00 pm\* - 9:00 pm Sunday - Thursday 2:00 pm\* - 8:00 pm (\*1:00 pm with the Gopass card)



WELLNESS TICKETS		excl. VAT	incl. VAT
Adults	120 min	12.50€	15.00€
Kids aged 0 - 12y.	120 min	8.33€	10.00€
Rental	60 min	125.00 €	150.00€
TREATMENTS		excl. VAT	incl. VAT
Classic massage	25 min	20.83 €	25.00€
Classic massage	55 min	35.83€	43.00€
Coorte massage	25 min	21.67€	26.00€
Sports massage	55 min	37.50€	45.00€
Honey aromatherapy massage	25 min	20.83€	25.00€
Massage with healing herbal oil	50 min	35.83€	43.00€
SPECIAL MASSAGES		excl. VAT	incl. VAT
Deep-tissue back massage	25 min	21.67€	26.00€
Honey detoxification massage	25 min	20.83€	25.00€

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# **FITNESS CENTRE**

The FIS\*\*\* hotel is a real paradise for athletes and lovers of active lifestyle. To support the best sports performance, it offers professional sports equipment. The fitness centre features professional fitness machines of the TECHNOGYM brand and three exercise bikes. There is also a sports hall (26 x 18 x 6 m). **Opening times:** 8:00 am – 9:00 pm







HOTEL ROOMS

HOTEL AMENITIES

BREAKS & MENU

COFFEE BREAK

BUFFET MENUS

SERVED MENUS

Served coffee breaks are calculated for max. 60 minutes. Prices can be calculated for min. 10 people. For a smaller number of people, please contact us individually.

**COFFEE BREAK 1** Price 8.00€/person incl. VAT 7.27€/person excl. VAT

0.2 l Hot drink (brewed coffee, tea with lemon) Water in jugs 35 g Canapés – 2 kinds 30 g Marble cake **COFFEE BREAK 2** Price 10.00€/person incl. VAT 9.09€/person excl. VAT

0.2 I Hot drink (brewed coffee, tea with lemon) Water in jugs 75 g Toast with vegetable salsa and Grana Padano cheese 25 g Croissant

**COFFEE BREAK 3** Price 13.00€/person incl. VAT 11.82€/person excl. VAT

0.2 l Hot drink (brewed coffee, tea with lemon) Water in jugs 50 g Dried ham, vegetables, baked rolls 70 g Bread with ham, cheese and a cherry tomato **COFFEE BREAK 4** Price 15.00€/person incl. VAT 13.64€/person excl. VAT

0.2 l Hot drink (brewed coffee, tea with lemon) Water in jugs 50 g Baked toast with ham, champignons, cheese and vegetables 60 g Puff pastry poppy seed strudel 50 g Fresh sliced fruit HOTEL ROOMS

#### HOTEL AMENITIES

BREAKS & MENU

COFFEE BREAKS

BUFFET MENUS

SERVED MENUS

Our chef and his team will be happy to prepare the following suggested served and buffet menus. If you wish something else, we are ready to tailor-make a menu for you and your event. Any lunch or dinner buffet menu can be ordered for min. 30 people:

**BUFET 1** Price 28.00€/person incl. VAT 25.45€/person excl. VAT

#### Soups

Spinach – pea cream soup Chicken consommé with meat and home-made noodles

# Warm dishes and side dishes

Deep-fried Panko crumbled pork roast with dried ham and Gorgonzola cheese Small roasted organic chicken with herbal salt Braised beef shank with bacon and glazed shallot Bulgur with brunoise vegetables and baked fennel Boiled potatoes with butter Stewed rice

> Salads Salad buffet - seasonal salad selection

> > **Desserts** Cake selection, fruit

BUFET 2 Price 32.00€/person incl. VAT 29.09€/person excl. VAT

#### Soups

Beef consommé with liver dumplings and vegetables Traditional sauerkraut soup with smoked meat, mushrooms and sausage

# Warm dishes and side dishes

Fried cornflake-crusted turkey breast cutlet Pork sous-vide tenderloin with ratatouille vegetables Grilled salmon with pea puree Courgette curry with chickpeas and cherry tomatoes Roasted potatoes Parsley rice

> **Salads** Salad buffet - seasonal salad selection

> > **Desserts** Cake selection, fruit

# COFFEE BREAKS

# BUFFET MENUS

# SERVED MENUS

# BUFET 3 Price 33.00€/person incl. VAT 30.00€/person excl. VAT

#### Soups

Sour bean soup with smoked meat Chicken consommé with meat and noodles

# Warm dishes and side dishes

Turkey breast with corn puree and pickled shallots Larded venison leg with forest fruit sauce Pork tenderloin filet mignon with Dijon mustard and thyme Pumpkin-mushroom risotto with cherry tomatoes and Parmesan Potato gnocchi filled with poppy seeds, butter, sugar Roasted potatoes with bacon and onions Stewed rice

### Salads

Salad buffet - seasonal salad selection

**Desserts** Cake selection, fruit **BUFET 4** Price 36.00€/person incl. VAT 32.72€/person excl. VAT

## Soups

Mushroom cream soup with toasted bread and turnip Chicken consommé with meat and home-made noodles

### Warm dishes and side dishes

Grilled zander with red lentils and coriander Confit beef cheeks with roasted garlic flavour Roasted duck breast, beetroot puree with apples Fried sesame-crusted chicken cutlets Saffron risotto with marinated grilled tofu cheese Potato fruit-filled dumplings with cottage cheese and butter Roasted potatoes with bacon and onions Bread dumplings Stewed rice

#### Salads

Salad buffet - seasonal salad selection

### Desserts

Cake selection, fruit

# BREAKS & MENU

COFFEE BREAKS

# BUFFET MENUS

## SERVED MENUS

# Served menu

MENU 1 Price 22.00€/person incl. VAT 20.00€/person excl. VAT

0.251 Mushroom cream soup 150 g Slow-roasted supreme chicken breast, sage butter, stir-fried vegetables, potato puree 100 g Pancake filled with curd cheese and raisins

# MENU 2 Price 22.00€/person incl. VAT 20.00€/person excl. VAT

0.25I Chicken soup with meat and noodles
150 g Pork shoulder steak, mashed
potatoes, stir-fried Savoy cabbage
with bacon
100 g Potato dumplings filled with fruit,
butter, sugar, poppy seeds

MENU 3 Price 25.00€/person incl. VAT 22.72€/person excl. VAT

70 g Cauliflower couscous, carrot puree, salmon
0.25l Traditional borscht with cream
150 g Grilled zander with dill sauce, marinated kohlrabi, potatoes with chives
100 g Home-made crumpet with caramel sauce

MENU 4 Price 40.00€/person incl. VAT 36.36€/person excl. VAT

70 g Salmon tartare with mango and wasabi
0.25l Red lentil soup with coconut milk and coriander
150 g Beef steak with a caramelised fig / potato gratin / mini vegetables
100 g Sacher cake

# SUGGESTED ACTIVITIES

# **ŠTRBSKÉ PLESO**

The highest located village in the Tatras (1,346 m) is situated in the Tatra National Park and has been known for a long tourism tradition for more than 100 years. In summer, one can enjoy breathtaking views of Tatra peaks and Podtatranská kotlina (basin) or boating on the tarn of Štrbské pleso (tarn). And in winter, skiing, ski touring, cross-country skiing and Nordic walking promise a proper dose of endorphins in addition to beautiful snow-covered scenery.

# MT LOMNICKÝ ŠTÍT

Enjoy a real bird's eye view and admire all Slovakia from above the clouds. A unique trip to the second highest peak of Slovakia (2,632 m) guarantees unforgettable moments every time.

# SPIŠ CASTLE

The Spiš castle is one of the largest castle complexes in Europe. It is on the list of UNESCO World Heritage sites.

# EVENTS AND ACTIVITIES TAILOR-MADE FOR YOU

Look at your colleagues from a different perspective, have fun together, enjoy atypical teambuilding and strengthen your team with us:

- teambuilding activities (fun and competitions, adventures, extreme adrenaline);
- mini events (programme for small groups to liven up your conference or training etc.);
- events on ski pistes (competitions to order, promo events on ski pistes).









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# Hotel FIS\*\*\* | www.tmrhotels.com/sk/mitingy-a-podujatia K Vodopádom 4028/6 | 059 85 Štrbské Pleso | Slovakia +421 911 119 501 | event@tmr.sk

HOTELS OPERATED BY